



CLASS 1 EVS · 2026-27

Class 1 EVS My Body and Sense Organs Worksheet

My body and the five senses

56

QUESTIONS

20

MINUTES

5

EXERCISES

This belongs to _____ Date _____

WHAT YOU'LL GET GOOD AT

- Name the main external parts of the body and point to each one.
- Match each of the five sense organs to the sense it gives us.
- Say which sense organ you would use for a given everyday task.

Take your time, and have a go at every one. If you get stuck, look at the orange box — Ollie has already done one for you.

Class 1 EVS My Body and Sense Organs Worksheet

My body and the five senses · 56 questions · tick each box as you finish

Exercise 1 of 5 · 12 questions Write the name of the body part used for each action.

☐

WRITE THE ANSWER

HERE'S ONE DONE FOR YOU

We use this to chew our food -> Teeth. Read the action first, then ask which single part does that job.

1) We use these to walk and run.

2) We use these to hold a pencil.

3) We use this to think.

4) We use these to see.

5) We use this to smell a flower.

6) We use these to hear a bell.

7) We use this to speak and taste.

8) We use these to chew our food.

9) We use this to breathe in air.

10) We use these to clap.

11) We use this to nod yes or no.

12) We use these to kick a ball.

Exercise 2 of 5 · 10 questions Match the sense organ to the sense it gives us.

☐

MATCH THE PAIRS

HERE'S ONE DONE FOR YOU

There are five sense organs and five senses, one each. If a child gives the same sense twice, the pairing has gone wrong somewhere - check tongue and nose first, because taste and smell get swapped most often.

1) Eyes

2) Ears

3) Nose

4) Tongue

5) Skin

6) Sight

7) Hearing

8) Smell

9) Taste

10) Touch

Exercise 3 of 5 · 12 questions Which sense organ would you use? Write the answer.

WRITE THE ANSWER

1) To find out if the milk is hot.

2) To know that a mango is sweet.

3) To read a story in your book.

4) To know that someone is knocking at the door.

5) To find out that the flowers in the garden smell nice.

6) To feel that a stone is rough.

7) To know that the lemon is sour.

8) To hear your name being called.

9) To see the colour of a balloon.

10) To know that food has gone bad.

11) To feel that the water is cold.

12) To watch a bird fly past.

Exercise 4 of 5 · 10 questions Circle the one that does not belong with the others.

CIRCLE THE ANSWER

HERE'S ONE DONE FOR YOU

eyes, ears, nose, chair -> circle chair. Ask: which one is not a part of my body? Three are, one is not.

1) eyes, ears, nose, chair

2) hand, leg, tree, head

3) see, hear, sleep, smell

4) tongue, skin, shoe, eyes

5) teeth, tongue, table, lips

6) fingers, toes, knees, kite

7) hair, nose, cup, chin

8) arm, elbow, bus, wrist

9) taste, touch, jump, smell

10) eyes, book, ears, skin

Exercise 5 of 5 · 12 questions Write True or False.

WRITE THE ANSWER

1) We should wash our hands before eating.

2) We can look straight at the sun.

3) We should brush our teeth twice a day.

4) It is safe to put small things inside our ears.

5) We should have a bath every day.

6) We should cut our nails short and keep them clean.

7) We should read in very dim light.

8) We should cover our mouth when we sneeze.

9) We should comb our hair every day.

10) It is fine to share a handkerchief with a friend.

11) We should wash our hands after using the toilet.

12) We should wear clean clothes.

**All done? How did that feel?**

Colour in a star. Three stars means you could teach it to someone else.



Tricky · Getting there · Easy now



Answer key

For grown-ups

Class 1 EVS My Body and Sense Organs Worksheet · keep this page back until your child has finished.

1. Write the name of the body part used for each action.

- 1) Legs
- 2) Hands (fingers)
- 3) Brain (head)
- 4) Eyes
- 5) Nose
- 6) Ears
- 7) Tongue
- 8) Teeth
- 9) Nose
- 10) Hands
- 11) Head (neck)
- 12) Legs (feet)

2. Match the sense organ to the sense it gives us.

- 1) Eyes - sight (we see)
- 2) Ears - hearing (we hear)
- 3) Nose - smell (we smell)
- 4) Tongue - taste (we taste)
- 5) Skin - touch (we feel)
- 6) Sight - eyes
- 7) Hearing - ears
- 8) Smell - nose
- 9) Taste - tongue
- 10) Touch - skin

3. Which sense organ would you use? Write the answer.

- 1) Skin
- 2) Tongue
- 3) Eyes
- 4) Ears
- 5) Nose
- 6) Skin
- 7) Tongue
- 8) Ears
- 9) Eyes
- 10) Nose
- 11) Skin
- 12) Eyes

4. Circle the one that does not belong with the others.

- 1) chair
- 2) tree
- 3) sleep
- 4) shoe
- 5) table
- 6) kite
- 7) cup
- 8) bus
- 9) jump
- 10) book

5. Write True or False.

- 1) True
- 2) False
- 3) True
- 4) False
- 5) True
- 6) True
- 7) False
- 8) True
- 9) True
- 10) False
- 11) True
- 12) True

WHILE YOUR CHILD WORKS

- Do the sense-organ matching out loud before writing it. A child who can say it can nearly always write it, and the reverse is not true.
- Taste and smell get confused more than any other pair. If that happens, hold a piece of fruit under the nose and then on the tongue - the distinction lands in about ten seconds.
- The last exercise is about habits rather than facts. It is worth discussing rather than marking, since a child who answers correctly and does not wash their hands has not learned it.

**Spotted a gap while marking?**

A free assessment is one live class with a matched teacher - no card, nothing to cancel. Afterwards you get an honest note on what they noticed.

Book a free assessment - scholur.com/contact