



CLASS 4 EVS · 2026-27

Where our food and water come from

Food, farming and water

37

QUESTIONS

20

MINUTES

4

EXERCISES

This belongs to _____ Date _____

WHAT YOU'LL GET GOOD AT

- Traces a familiar food back to the plant or animal it comes from
- Puts the steps of the water cycle in order
- Explains why a step in a chain matters

Take your time, and have a go at every one. If you get stuck, look at the orange box — Ollie has already done one for you.

Where our food and water come from

Food, farming and water · 37 questions · tick each box as you finish

Exercise 1 of 4 · 12 questions Where does each food come from? Write the plant or animal. ☐

WRITE THE ANSWER

HERE'S ONE DONE FOR YOU

rice -> the paddy plant. Rice is the seed of the paddy plant after the husk has been removed. Children often answer 'the shop' or 'the field' - both true and neither the answer. Ask 'and before that?' until you reach a plant or an animal.

1) rice

2) milk

3) sugar

4) mustard oil

5) honey

6) cotton cloth

7) wool

8) silk

9) dal

10) jaggery

11) coconut oil

12) paper

Exercise 2 of 4 · 4 questions Put the steps of the water cycle in order. Number them 1 to 4. ☐

PUT IN ORDER

HERE'S ONE DONE FOR YOU

B comes first because nothing happens until the sun heats the water. Then D (it rises), A (it falls), C (it flows back). The word 'cycle' is the clue - the last step leads back to the first, which is why C ends at the sea where B began.

1) A. The clouds cool and rain falls.

2) B. The sun heats water in the sea and rivers.

3) C. The rain water flows into rivers and back to the sea.

4) D. The water turns into vapour and rises into the sky, forming clouds.

Exercise 3 of 4 · 11 questions Answer in one sentence.

WRITE THE ANSWER

HERE'S ONE DONE FOR YOU

Why do farmers need rain? -> because crops need water to grow, and rain is how most fields get it. The answer has two halves: the fact, and the link back to the question. An answer that stops at 'because crops need water' has left out why rain specifically, and Class 4 marks the link.

1) Why do farmers need rain?

2) Why is a well dug deep?

3) Why should we not throw rubbish into a river?

4) Why does food come to the city from villages?

5) Why do people in a desert build houses with thick walls and small windows?

6) Why are houses in hilly areas given sloping roofs?

7) Why do fishermen go out to sea early in the morning?

8) Why is a canal dug from a river to the fields?

9) Why do villages usually grow up near a river or a well?

10) Why does a city need more water than a village of the same size?

11) Why do we boil water before drinking it in the rainy season?

Exercise 4 of 4 · 10 questions Write True or False. If it is false, write the correct sentence. ☐

WRITE THE ANSWER

HERE'S ONE DONE FOR YOU

Rain water is salty like sea water. -> False. When the sun heats the sea, only the water rises as vapour and the salt stays behind. That is why rain is fresh even though it came from a salty sea, and it is the step children most often miss in the water cycle.

1) The sun drives the water cycle.

2) Rain water is salty like sea water.

3) Groundwater is the water stored under the ground.

4) A river always flows from the sea towards the mountains.

5) Evaporation turns water into vapour.

6) All the water on Earth can be drunk.

7) A dam stores river water for later use.

8) Crops in India depend mostly on the monsoon rain.

9) Water in a covered tank goes bad faster than in an open one.

10) Rainwater harvesting means collecting rain instead of letting it run away.

**All done? How did that feel?**

Colour in a star. Three stars means you could teach it to someone else.



Tricky · Getting there · Easy now



Answer key

For grown-ups

Where our food and water come from · keep this page back until your child has finished.

1. Where does each food come from? Write the plant or animal.

- 1) the paddy plant
- 2) cows or buffaloes
- 3) sugarcane
- 4) mustard seeds
- 5) bees
- 6) the cotton plant
- 7) sheep
- 8) silkworms
- 9) pulse plants such as arhar or moong
- 10) sugarcane
- 11) coconuts
- 12) trees (wood pulp)

2. Put the steps of the water cycle in order. Number them 1 to 4.

- 1) B, D, A, C

3. Answer in one sentence.

- 1) Because crops need water to grow, and rain is how most fields get it.
- 2) Because water is found underground, and the well has to reach down to it.
- 3) Because it makes the water dirty for the people and animals who use it further downstream.
- 4) Because there is not enough land in cities to grow crops, so food is grown in villages and carried in.
- 5) Because thick walls and small windows keep the heat of the day out and the house cool inside.
- 6) So that heavy rain and snow slide off instead of collecting on the roof.
- 7) Because the sea is calmer then and the catch has to reach the market fresh.
- 8) So that river water can be carried to fields that the rain alone would not water.
- 9) Because people need water every day for drinking, washing, animals and crops.
- 10) Because a city has far more people, factories and vehicles packed into the same space.
- 11) Because rain water carries mud and germs into wells and tanks, and boiling kills the germs.

4. Write True or False. If it is false, write the correct sentence.

- 1) True.
- 2) False - rain water is not salty; the salt is left behind in the sea when water evaporates.
- 3) True.
- 4) False - a river flows from the mountains down to the sea.
- 5) True.
- 6) False - most of it is sea water, which is too salty to drink.
- 7) True.
- 8) True.
- 9) False - covering a tank keeps dust and insects out, so the water stays clean longer.
- 10) True.

WHILE YOUR CHILD WORKS

- 'And before that?' is the most useful prompt on this sheet. Children stop at the shop or the field and need one more step.
- The water cycle is easier standing at a window in the rain than on paper. Point at where the water is going.
- In the last exercise, the link back to the question is where the mark is - not the fact on its own.

**Spotted a gap while marking?**

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